

Name _____

Breaking the Ice: Starting Conversations with New People

Multiple Choice Questions

1. Why is starting a conversation with new people important?
 - A) It helps you avoid social interactions.
 - B) It fosters connections and builds relationships.
 - C) It increases shyness and anxiety.
 - D) It leads to isolation.

2. What is the purpose of introducing yourself when starting a conversation?
 - A) To make the other person feel uncomfortable
 - B) To let the other person know your favorite hobbies
 - C) To signal your approachability and identity
 - D) To dominate the conversation

3. What is the benefit of asking open-ended questions in a conversation?
 - A) They encourage more extended responses and keep the conversation flowing.
 - B) They quickly end the conversation.
 - C) They avoid the need for listening actively.
 - D) They prevent the other person from sharing.

4. What should you avoid discussing in the beginning of a conversation with someone you don't know well?
 - A) Neutral subjects
 - B) Controversial topics
 - C) Common interests
 - D) Your own experiences

5. Why is patience important when starting conversations with new people?
 - A) Patience is not necessary in social interactions.
 - B) Starting conversations is always easy and successful.
 - C) Not every conversation will go perfectly, and practice is needed.
 - D) Patience leads to overthinking in social situations.

