

Name _____

Unleash Your Superpowers: Identifying Your Strengths and Weaknesses

Short Answer Key

1. Example: One of my passions is playing the guitar, and I've noticed that I have a natural talent for it. I can pick up new songs quickly and play them with ease, which suggests that playing the guitar is one of my strengths.
2. Feedback from others can help you recognize your strengths because they may notice qualities or abilities in you that you may not be fully aware of. For instance, a teacher might praise your strong problem-solving skills after observing your performance in class.
3. Example: I set a goal to improve my public speaking skills by participating in a school debate. During the debate, I struggled with nervousness and stumbled over my words. This experience made me realize that public speaking is one of my weaknesses.
4. Seeking help and guidance is a positive step in addressing weaknesses because it provides you with valuable insights, strategies, and support to overcome those weaknesses. It shows a willingness to learn and grow.
5. Finding a balance between strengths and weaknesses is important because it allows you to leverage your strengths to overcome challenges posed by your weaknesses. For example, if you're great at organizing tasks (strength), you can use that skill to manage your time more effectively and address your weakness in procrastination.

