

Name \_\_\_\_\_

## Mastering the Backhand: A Fundamental Tennis Stroke

### Short Answer

1. Describe the basic footwork and positioning for a proper backhand stroke.
2. Explain the difference between topspin and slice in the context of the backhand shot.
3. How can practicing the backhand stroke help a tennis player improve their game?
4. When might a player use their backhand offensively in a tennis match?
5. Why is mental focus crucial when executing the backhand stroke in tennis?

