

Name _____

The Art of Listening: Building Stronger Relationships

Short Answer Key

1. Avoiding distractions like your phone helps you pay full attention to the person talking and shows respect.
2. Asking open-ended questions encourages the speaker to share more and express their thoughts and feelings.
3. Showing appreciation and gratitude after a conversation strengthens the bond and encourages open communication.
4. Validating someone's feelings means acknowledging and understanding their emotions, which is important in making them feel heard and valued.
5. Reflective listening can be beneficial in resolving a misunderstanding by ensuring that both parties understand each other's perspective and message accurately.

