

Name \_\_\_\_\_

## Aging and the Immune System: A Tale of Change

### Short Answer

1. How does aging impact the production of T cells?
2. What is inflammaging, and what health conditions is it associated with?
3. How can maintaining a healthy lifestyle help support immune function in older adults?
4. Explain the concept of immunosenescence and its effects on immune function.
5. What are memory cells, and how do they contribute to immune function in older adults?

