

Name _____

Mind Games and Victories: The Journey of Nico Teamo

Multiple Choice Questions

1. What sparked Nico Teamo's fascination with the psychology of sports?
 - a) Watching cooking shows
 - b) Watching athletes and wondering about the mental aspects of sports
 - c) Watching movies
 - d) Playing video games

2. How did Nico Teamo begin his journey to become a sports psychologist?
 - a) By becoming a professional athlete
 - b) By enrolling in psychology courses and studying sports psychology
 - c) By becoming a chef
 - d) By becoming a famous actor

3. What is one of the key tools Nico Teamo uses in his work as a sports psychologist?
 - a) A basketball
 - b) Visualization
 - c) A cookbook
 - d) A bicycle

4. What kind of athletes has Nico Teamo worked with during his career?
 - a) Astronauts
 - b) Opera singers
 - c) Olympic athletes
 - d) Movie directors

5. What is Nico Teamo's current mission as a sports psychologist?
 - a) To become a famous actor
 - b) To inspire the next generation of sports psychologists and athletes
 - c) To write a cookbook
 - d) To explore outer space

