

Name _____

The Psychology of Group Dynamics: Working Effectively in Teams

Multiple Choice Questions

1. What is group dynamics about?
 - a) How to work alone effectively
 - b) How people behave and interact in a group
 - c) How to be a leader in a team
 - d) How to avoid conflicts in a team

2. Why is communication important in a team?
 - a) To make individual decisions
 - b) To listen only to the team leader
 - c) To share ideas and work together
 - d) To compete with team members

3. What is one way to work effectively in a team?
 - a) Avoid collaborating with team members
 - b) Ignore your responsibilities
 - c) Communicate clearly and respectfully
 - d) Create conflicts with others

4. Why is conflict resolution an important skill in teams?
 - a) To make conflicts worse
 - b) To ignore conflicts
 - c) To prevent conflicts from happening
 - d) To resolve conflicts peacefully

5. What are some benefits of effective teamwork?
 - a) Achieving goals, learning, and building relationships
 - b) Working alone, avoiding others, and competing
 - c) Making conflicts, being a leader, and ignoring responsibilities
 - d) None of the above

