

Name _____

Tech Obsession: The Screens We Can't Put Down

In the era of screens, where technology prevails,
I'll tell a tale of the digital trails.

We're hooked and addicted, it's hard to deny,
To smartphones, tablets, and screens, oh my!
From morning to night, our eyes are glued,
To social media feeds, we're endlessly pursued.

Likes and comments, they give us a high,
But is this the life we truly want to buy?

We scroll through life, in a digital haze,
Ignoring the world in so many ways.

We're losing ourselves in the virtual space,
Forgetting to truly be in the present place.

The dopamine hits, they keep us engaged,
But our real-life connections are slowly erased.

The addictive screens, they have their hold,
But is this the future we want to unfold?

Our generation, so plugged in and wired,
But are we truly happier, as we're inspired?

To put down the screens, to break free from the spell,
To live life outside the digital cell.

Let's find a balance, let's reclaim our time,
To connect, to explore, to make life sublime.

For screens are a tool, not our whole world's worth,
Let's remember our roots, let's cherish the Earth.

