

Name _____

The Impact of Technology on Attention Span and Learning

Multiple Choice Questions

1. What is one effect of technology on attention span?
 - a) It lengthens attention span
 - b) It shortens attention span
 - c) It has no impact on attention span
 - d) It only affects adults

2. What is a common problem associated with multitasking?
 - a) Improved efficiency
 - b) Increased ability to focus
 - c) Reduced comprehension and efficiency
 - d) Enhanced retention of information

3. How can technology affect learning?
 - a) It always enhances learning
 - b) It has no impact on learning
 - c) It can both enhance and hinder learning
 - d) It only hinders learning

4. What is one strategy for combating the negative impact of technology on attention span and learning?
 - a) Increase screen time
 - b) Use any educational apps and websites
 - c) Limit screen time and create a distraction-free zone
 - d) Multitask as much as possible

5. Why is taking short breaks during study sessions important?
 - a) It reduces attention span
 - b) It helps recharge attention and improve learning
 - c) It makes learning less efficient
 - d) It distracts from studying

