

Name _____

The Impact of Technology on Attention Span and Learning

Open-Ended Response Questions

1. Can you share a personal experience or a story about a time when technology either helped or hindered your ability to focus and learn?
2. Explain the concept of "true multitasking" and why it is considered a myth.
3. How can educators and parents support students in finding a healthy balance between technology use and focused learning?
4. What additional strategies can you think of to improve attention span and learning in the digital age?

