

Name \_\_\_\_\_

## Mastering Time: The Key to Success

### Short Answer

1. What analogy does the passage use to describe time, and why is it significant?
2. How can effective time management help reduce stress?
3. What is one benefit of setting priorities in time management?
4. Why is finding a balance between work and play important in time management?
5. How does time management teach discipline, and why is discipline valuable?

