

Name _____

Mastering Time: The Key to Success

Open-Ended Response Answer Key

1. Possible answer: I used effective time management to prepare for a school project by breaking it into smaller tasks and allocating time for each. This allowed me to complete the project with less stress and achieve a high grade.
2. Possible answer: Finding a balance ensures that you don't neglect your personal life, reducing burnout and improving mental and emotional health. It allows for relaxation, hobbies, and spending time with loved ones, contributing to overall well-being.
3. Possible answer: Poor time management in studying for a final exam resulted in a low grade, causing stress and disappointment.
4. Possible answer: The concept reminds me to use my time wisely and not procrastinate, as once time is gone, I can't get it back. It encourages me to make the most of each day.

