Name _____

Shine Bright: Staying Motivated and Focused in Tough Times

Open-Ended Response Questions

1. Think of a challenging situation you've faced. How would setting goals have helped you in that situation?

2. Can you share a story about someone who inspires you and explain why they inspire you?

3. Describe a time when you learned from a mistake. What did you learn, and how did it help you in the long run?

4. Imagine a future where you've achieved your biggest dream. How do you feel, and what steps did you take to get there?

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