

Name _____

The Smoking Scare: Unmasking the Health Risks of Traditional Cigarettes

Short Answer Key

1. Nicotine is one chemical found in cigarette smoke that is harmful to health.
2. The term for the uncontrollable growth of cancer cells is "cancerous growth" or "tumor."
3. Secondhand smoke can cause respiratory problems in non-smokers, especially children, and increase their risk of sudden infant death syndrome (SIDS).
4. Resources that can help someone quit smoking include support groups, counseling, nicotine replacement therapy (e.g., nicotine patches or gum), and prescription medications (e.g., Chantix).
5. It is essential to quit smoking even if you've been smoking for a long time because quitting can still significantly improve your health and reduce the risk of smoking-related diseases.

