

Name _____

Trust in Healthy Relationships

Short Answer

1. How does trust impact the way individuals communicate in a healthy relationship?
2. Can you provide an example of a situation where trust led to constructive conflict resolution in a relationship?
3. Explain the role of empathy in building and maintaining trust.
4. What can individuals do to rebuild trust after a breach or mistake in a relationship?
5. How does trust contribute to a sense of security in a relationship?

