

Name \_\_\_\_\_

## Unmasking the Bully: Exploring the Different Types of Bullying

### Short Answer Key

1. An example of relational bullying is when a group of students spreads false rumors about a classmate, making others avoid and exclude them. This can harm the victim emotionally and socially, leading to feelings of isolation and distress.
2. Cyberbullying differs from traditional forms of bullying because it takes place through electronic devices and online platforms. It involves the use of technology to harass, threaten, or harm others, often with a wider and more immediate reach.
3. Workplace bullying is characterized by repeated mistreatment, harassment, or intimidation of employees by colleagues or superiors. It can lead to increased stress, anxiety, and decreased job satisfaction among employees, potentially affecting their mental health and job performance.
4. Racial bullying targets individuals based on their race or ethnicity, using derogatory comments, racial slurs, or discriminatory actions. It is considered a form of discrimination because it discriminates against individuals based on their racial or ethnic background.
5. Possible answers may include raising awareness through educational programs, promoting empathy and understanding, implementing anti-bullying policies and reporting systems, providing support for victims, and fostering a culture of inclusivity and respect.

