

Name _____

The Kaleidoscope of Emotions: Understanding Different Types of Feelings

Multiple Choice Answer Key

1. c) Anger
2. b) The ability to manage one's own emotions and the emotions of others
3. b) Emotions serve as signals and guides, helping us navigate the world and make choices.
4. b) Because cultural, societal, and personal factors influence how we experience and express emotions
5. b) Fear

