

Name _____

The Vaping Wave: Understanding the Rise and Consequences Among Young People

Multiple Choice Questions

1. What is vaping?

- a) Inhaling and exhaling smoke from traditional cigarettes
- b) Inhaling and exhaling aerosol produced by an electronic cigarette or similar device
- c) Drinking flavored beverages
- d) Playing video games

2. Why is vaping appealing to young people?

- a) It is perceived as more harmful than smoking.
- b) It has no flavor options.
- c) It is easy to detect by adults.
- d) It contains no nicotine.

3. What role do flavorings play in the appeal of vaping to young people?

- a) Flavorings make vaping less enjoyable.
- b) Flavorings are not available for e-liquids.
- c) Flavorings do not influence vaping choices.
- d) Flavorings make vaping seem fun and enjoyable.

4. What is a significant health concern associated with vaping?

- a) Vaping does not pose any health risks.
- b) Vaping can cause immediate weight loss.
- c) Vaping aerosol can contain harmful chemicals, including nicotine.
- d) Vaping can cure respiratory illnesses.

5. Why is the rise of vaping among young people concerning?

- a) Vaping has been proven to be safe for teenagers.
- b) Nicotine exposure during adolescence has no impact on brain development.
- c) It can harm brain development and increase the risk of addiction.
- d) The long-term effects of vaping are well-understood.

