

Name _____

Volleyball Gear: Your Ticket to the Game!

Open-Ended Response Answer Key

1. Boundary lines on a volleyball court mark the outer limits of the playing area. They affect gameplay by defining the boundaries within which the ball must stay during play. If the ball lands outside these lines, it is considered out of bounds, and a point is awarded to the opposing team. Boundary lines ensure fair play, provide clarity in determining whether a ball is in or out, and help players and referees make accurate judgments.
2. Items to include in a volleyball bag:
 - Volleyball: The most essential item for playing the game.
 - Volleyball shoes: Provide grip, support, and stability on the court.
 - Knee pads: Protect the knees from injuries during dives and kneels.
 - Water bottle: Essential for staying hydrated during the game.
 - Apparel (jersey, shorts/spandex): Comfortable clothing that allows for a wide range of motion and flexibility.
3. The main difference is that indoor volleyball courts are larger than beach volleyball courts. Indoor courts are 18 meters (59 feet) long and 9 meters (29.5 feet) wide, while beach volleyball courts are 16 meters (52.5 feet) in length and 8 meters (26.25 feet) in width. This size difference affects the game in several ways. In beach volleyball, players have to cover a smaller court, leading to faster-paced rallies and more reliance on individual skills. Indoor volleyball allows for more specialized positions and strategies due to the larger court size.
4. Proper volleyball attire is important because it contributes to a player's performance and comfort on the court in several ways. Comfortable and breathable clothing allows players to move freely, facilitating quick movements, jumps, and dives. It also wicks away sweat, keeping the player dry and comfortable during intense play. Additionally, volleyball attire often includes jerseys with numbers, which help with team identification and communication. Overall, proper attire enhances a player's agility, reduces the risk of discomfort and distractions, and contributes to their overall performance on the volleyball court.

