

Name _____

The Importance of Clean Clothes: Why Changing and Washing Regularly Matters

Multiple Choice Questions

1. What can happen if you wear dirty clothes for an extended period?
 - a) You'll become a fashion icon
 - b) You may develop body odor and skin issues
 - c) Your clothes will become more stylish
 - d) You'll save time on laundry

2. How can wearing clean clothes impact social interactions?
 - a) It has no impact on social interactions
 - b) It can boost your self-confidence and leave a positive first impression
 - c) It may lead to fewer social interactions
 - d) It can make you less approachable

3. What environmental impact can frequent clothes washing have?
 - a) It doesn't have any environmental impact
 - b) It consumes a significant amount of water
 - c) It helps reduce water usage
 - d) It doesn't affect aquatic ecosystems

4. Why is it essential to follow care labels on clothing?
 - a) They contain secret messages
 - b) They provide information on the latest fashion trends
 - c) They offer washing and drying instructions to prevent damage
 - d) They are not important

5. How can you prevent microplastic pollution while washing synthetic fabrics?
 - a) There is no way to prevent it
 - b) Use a microfiber filter or washing bags designed to capture microplastics
 - c) Avoid washing synthetic fabrics
 - d) Use more laundry detergent

