

Name _____

The Importance of Clean Clothes: Why Changing and Washing Regularly Matters

Short Answer Key

1. Bacteria break down sweat and oils on clothing, leading to body odor and potential skin issues.
2. (One possible tip: Sort your laundry by color and fabric to prevent color bleeding and damage.)
3. Treating stains promptly prevents them from setting in and becoming harder to remove.
4. Wearing clean and well-kept clothing in professional settings reflects respect and responsibility.
5. Laundry detergent may contain chemicals that harm aquatic ecosystems; this can be mitigated by using eco-friendly detergents.

