

Name _____

The Journey of Waste: What Happens to Waste Products After Digestion

Open-Ended Response Questions

1. Discuss the importance of maintaining regular bowel movements for overall health, including the potential health consequences of constipation.
2. Describe the journey of waste products from the small intestine to the elimination from the body, highlighting the key organs and processes involved.
3. Explain how fiber in the diet contributes to healthy digestion and regular elimination, and provide examples of fiber-rich foods.
4. Discuss the environmental impact of improper waste disposal and the benefits of natural recycling processes in ecosystems.

