

Name _____

The Dangers of Eating Disorders: A Journey to Wellness

Open-Ended Response Questions

1. Describe the emotional distress that individuals with eating disorders may experience.
2. How can early intervention and support make a difference in the lives of those with eating disorders?
3. What are some ways that families and friends can provide support to someone struggling with an eating disorder?
4. Why is it important for society to raise awareness about the dangers of eating disorders?
5. Share your thoughts on why seeking professional help is crucial for individuals with eating disorders.

