

Name _____

Wellness World Adventures

Multiple Choice Questions

1. What inspired Emma to create her documentary series, "Wellness World Adventures"?
 - A. Her love for video games
 - B. Her passion for filmmaking and world exploration
 - C. A school assignment
 - D. Her desire for fame and recognition

2. In which country did Emma learn about the importance of meditation and mindfulness practices?
 - A. India
 - B. Greece
 - C. Italy
 - D. Thailand

3. What does the term "La Dolce Vita" refer to, which Emma discovered during her travels?
 - A. The sweet life and Italian way of living
 - B. A famous Italian pasta dish
 - C. A historic Italian landmark
 - D. A popular Italian movie

4. In Morocco, what traditional practice did Emma experience that left her feeling rejuvenated and relaxed?
 - A. Yoga retreat
 - B. Thai massage
 - C. Moroccan hammam
 - D. Ayurvedic spa treatment

5. What was the main message Emma conveyed at the film festival during her acceptance speech?
 - A. The importance of winning the competition
 - B. The value of perseverance in filmmaking
 - C. The significance of cultural preservation
 - D. The beauty of wellness practices and cuisines from around the world

