

Name \_\_\_\_\_

## Wellness World Adventures

### Open-Ended Response Answer Key

1. Emma's multicultural upbringing exposed her to various traditions, cuisines, and practices from an early age, sparking her interest in exploring and sharing these experiences with others.
2. Emma's parents introduced her to diverse cultures through their own interests in cooking, yoga, and holistic wellness, which laid the foundation for her passion.
3. Emma's experiences taught her that wellness encompasses more than just physical health; it includes mental and spiritual well-being, cultural appreciation, and the importance of balance in life.
4. Emma's documentary resonated with the audience because it showcased the richness of the world's cultures and how they contribute to holistic well-being, inspiring viewers to explore and appreciate diversity.

