

Name _____

The Superpower of Empathy: Understanding Why It Matters

Multiple Choice Questions

1. What is empathy primarily about?
 - a) Feeling the same emotions as others
 - b) Understanding and sharing in the feelings and perspective of others
 - c) Ignoring the feelings of others
 - d) Avoiding conflicts

2. What are the different forms of empathy mentioned in the passage?
 - a) Cognitive empathy and emotional empathy
 - b) Sympathy and compassion
 - c) Apathy and indifference
 - d) Selfishness and egocentrism

3. Why is empathy important for building strong relationships?
 - a) It encourages conflict and mistrust
 - b) It fosters deeper connections and trust
 - c) It promotes indifference and distance
 - d) It discourages communication

4. How can empathy help reduce prejudice?
 - a) By reinforcing stereotypes
 - b) By promoting open-mindedness and acceptance
 - c) By encouraging discrimination
 - d) By isolating individuals from different backgrounds

5. What is one way to develop empathy mentioned in the passage?
 - a) Avoiding conversations with people from diverse backgrounds
 - b) Listening passively to others
 - c) Reading fiction and stories
 - d) Ignoring your own emotions

