

Name _____

The Superpower of Empathy: Understanding Why It Matters

Open-Ended Response Questions

1. Reflect on a time when you found it challenging to empathize with someone due to differences in perspective or experiences. How did you overcome this challenge, and what did you learn from the experience?
2. Imagine a world where empathy was universally practiced. How do you envision this world, and how would it differ from our current reality? What challenges might still exist in such a world?
3. Discuss the role of empathy in promoting kindness and compassion. How can empathy inspire acts of kindness in individuals and communities?
4. Share a personal goal related to developing your empathy. Describe the steps you plan to take to achieve this goal and the positive impact you hope it will have on your relationships and interactions with others.

