

Name _____

Eating Disorders in Young People: Unmasking the Numbers

Open-Ended Response Questions

1. Discuss the impact of media portrayals of beauty standards on young people's body image and self-esteem.
2. Why is it essential for educators to be aware of the signs of eating disorders in their students, and how can they provide support?
3. Share your thoughts on how society can promote healthier body image and reduce the prevalence of eating disorders among young people.
4. Explain the role of peer influence in the development of eating disorders and suggest ways for young people to resist negative peer pressure.

